

शिक्षण प्रसारक मंडळी, पुणे  
**R. A. Podar College of Commerce & Economics**  
Matunga, Mumbai - 400 019  
Accredited 'A Grade' with CGPA of 3.63 by NAAC  
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Ref. No.: \_\_\_\_\_

Date: \_\_\_\_\_  
**11.10.2018**

### FYJC HEALTH and Physical Education Yoga Lectures

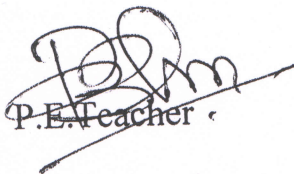
The students of FYJC are hereby informed that they have to attend the Lecture and Practical in Health & Physical Education for Yoga Classes which will be held on Saturday, **13.10.2018** as per the following schedule.

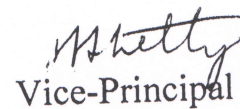
Date	Division	Time
<b>13.10.2018</b> <b>Saturday</b>	XI - A , B & C	11.00am to 11.50am
	XI - D , E & F	12.00pm to 12.50pm
	XI - G & H	1.00pm to 1.50pm

**Note:**

1. Attendance is compulsory.
2. Students should wear Track pant and T Shirts when they attend the Yoga.
3. Students should their carry won mat for yoga.

**Venue: Auditorium Hall.**

  
P.E. Teacher

  
Vice-Principal